



LEVEL 1

CLASS 1

2 HOURS

Direct addition and subtraction

CLASS OBJECTIVE

Introduce correct abacus posture, bead movement and direct operations through guided explanation and structured practice.

COMPLETE TEACHING FLOW

PHASE	TEACHER-FACING GUIDANCE	TIME
Rapid revision	Number recognition and finger warm-up	10 min
Explain the topics	Demonstrate bead paths on the virtual abacus	25 min
Student pathing	Students show each movement before calculating	20 min
Classwork topics	Four required topics with teacher observation	45 min
Audio round	Bolt reads while the teacher checks technique	15 min

HOMEWORK	TEACHER OBSERVATION
4 topics - 20 questions each	Posture, finger choice, bead path and hesitation

Sample teacher resource

This document demonstrates the downloadable lesson-plan format shown on the Bolt for Teachers website. It is not the complete production curriculum.